

ENHANCED RESIDENT ASSESSMENT FORM (ERAF)

Name: _____ IC/FIN Number: _____

Date of Birth: _____ Age (years): _____ Sex (M/F): _____

Paste ID Label here

RAF	Score (please circle) with Description for Each Score			
Q1 – Mobility (and Transfer)	- Refers to a resident's ability to move from one point to another and includes transfer - Excludes supervision of a wandering or mentally disturbed resident (included in Behavioural Problems Q9)			
	A	B	C	D
	0 points	3 points	10 points	16 points
	Independent	Requires some assistance (physical/assistive device)	Requires frequent assistance/turning in bed	Requires total physical assistance
	- Includes walking aid/wheelchair independent residents - Requires no assistance in mobilizing and transfer (whether walking or using a walking aid/wheelchair)	- Needs <u>some</u> supervision, prompting, assistance or instructions to move around and/or transfer - Needs some supervision and physical guidance by staff in walking / use of assistive devices e.g walking frame, quad stick	- Requires <u>frequent</u> supervision, prompting or physical assistance by staff in walking / use of assistive devices e.g walking frame, quad stick - Requires pushing of wheelchair and/or transfer/turning in bed	- Needs <u>total</u> assistance in positioning, transfer and turning of residents who are chair bound or bed-ridden
Remarks:				
Q2 – Feeding	- Excludes preparation of food in kitchen and dishing out and serving of food - Excludes pushing and/or positioning of wheelchair at the dining table (included in Mobility Q1) - Excludes insertion and maintenance of nasogastric tubes (included in Treatment Q5 under "special procedures")			
	A	B	C	D
	0 points	3 points	10 points	10 points
	Independent	Requires some assistance	Requires total assistance	Tube feeding
	- Able to eat without prompting, supervision or assistance - May need reminders for meal times	- Requires <u>some</u> supervision/assistance with feeding. For e.g. constant prompting, positioning of residents for meal times, further cutting up of food, cleaning up after meal times due to poor and messy eating - Requires <u>general or group</u> supervision/assistance due to dysphagia (difficulty swallowing) or risk of choking	- Requires <u>total</u> supervision/assistance with feeding (due to dysphagia (difficulty swallowing), risk of choking, and/or poor or messy eating) - Requires <u>one-to-one</u> supervision/assistance for feeding	- Includes preparation of feeds and any assistance of tube feeding by staff
Remarks:				
Q3 – Toileting	- Excludes assisting residents when getting on a wheelchair and pushing to toilet (included in Mobility Q1) - Excludes care and/or emptying/draining of colostomies or catheters (included in Treatment Q5 under "special procedures")			
	A	B	C	D
	0 points	3 points	8 points	16 points
	Independent	Requires some physical assistance	Requires commode/bedpan/urinal	Incontinent and totally dependent
	- Able to conduct all toileting activities without assistance	- Needs <u>minimal</u> assistance/supervision with undressing and dressing, clothing adjustments, positioning over toilet bowl/commode/bedpan/urinal, or change of clothes/diapers (including pull-up diapers)/bedding	- Needs supervision/assistance <u>throughout</u> toileting - Needs <u>moderate</u> supervision/assistance to position over toilet bowl/commode/bedpan/urinal, or for diaper change	- Needs cleaning after episodes of incontinence of urine or faeces - Needs <u>total and frequent</u> assistance in the use of commode/bedpan/urinal/ or diaper change
Remarks:				
Q4 – Personal Grooming and Hygiene	- Activities include: Bathing: including soaping, washing, drying Dressing: selection of appropriate clothing, putting on slippers, maintaining neat attire Using devices: fitting of artificial limbs, calipers, supporting stockings, slings and splints; cleaning and fitting of hearing aids; spectacle care Oral care: brushing teeth, cleaning and fitting of dentures Grooming: combing of hair, trimming of fingernails and toenails, shaving Personal hygiene: handling sanitary napkins - Excludes changes of clothing and cleaning after episodes of incontinence (included in Toileting Q3) - Excludes changes of clothing after episodes of colostomy or catheter leakage (included in Treatment Q5 under "special procedures")			
	A	B	C	D
	0 points	2 points	4 points	6 points
	Requires no assistance	Requires assistance for some activities/supervision	Requires assistance for all activities	Bed/trolley bathing
			- Needs constant and repeated prompting, reminding or assistance throughout activities	- Total care of all activities of daily living (includes residents who may be bathed on commode, requiring total assistance for all activities)
Remarks:				

Q5 - Treatment (daily medication)	A	B	C	D
	___ points	___ points	___ points	___ points
	- Oral or topical medication: 1 point	- Oral or topical medication: 1 point - Injection ⁽²⁾ : 2 points	- Oral or topical medication: 1 point - Injection ⁽²⁾ : 2 points - Physiotherapy or occupational therapy: 4 points	- Oral or topical medication: 1 point - Injection ⁽²⁾ : 2 points - Physiotherapy or occupational therapy: 4 points - Special procedures ⁽¹⁾ (1 point per 5 minutes needed to perform procedure)
	⁽¹⁾ Special procedures include (NOT limited to): catheter care/draining of bag, colostomy care/emptying of bag, blood glucose monitoring, urinalysis, wound dressing, oxygen administration, nebulizer, tracheostomy care, feeding tube care, peritoneal dialysis ⁽²⁾ Excludes injections which are PRN or administered at an external facility Excludes setting up trays or collecting equipment for use in procedures			
Remarks:				
Q6 - Social and Emotional Needs	Includes:			
	- Encouragement to participate in recreational and social activities - Support to families of residents who may be anxious and upset, including building relationships with them, encouraging them to visit and making them feel welcome - Intervention to help residents adjust to the routines of the nursing home - Counselling and interaction of residents to cope with emotional distress			
	A	B	C	D
	0 points	1 points	2 points	3 points
Nil				
Occasionally (1-3 times a week)				
Often (4-6 times a week)				
Always (daily)				
Remarks:				
Q7 - Confusion (loses things, loses way, disorientated)	Includes:			
	- Dealing with confusion, disorientation and poor memory - Determining how well a resident is orientated in time, place and person - Determining resident's ability to recall remote, recent, past, immediate events - Managing episodes when resident loses his possessions, loses his way, etc Excludes routine activity programmes or prompting to continue an activity Excludes any increased assistance and attention required during initial settling-in period (included in Social and Emotional Needs Q6)			
	A	B	C	D
	0 points	3 points	8 points	10 points
Nil				
Occasionally (1-3 times a week)				
Often (4-6 times a week)				
Always (daily)				
Remarks:				
Q8 - Psychiatric Problems	- Scoring is based on how psychiatric symptoms* interfere with existing ability to perform activities of daily living (ADLs) based on the most recent period observed *Psychiatric symptoms include: hallucinations, delusions, lack of interest/engagement in goal-directed behaviour, prolonged low mood, pessimistic thoughts, apprehension, uneasiness - Conditions e.g. anxiety, depression. A confirmed psychiatric diagnosis is not necessary, however there must be documentation by a healthcare professional that the resident exhibits psychiatric symptoms Includes: - Early identification of symptoms of relapses for management - Counselling of anxious and depressed residents - Dealing with situations that arise as a result of the disruptive behavior of resident due to hallucinations / delusions Excludes adjustment problems			
	A	B	C	D
	0 points	2 points	4 points	6 points
	Nil	Mild interference in life	Moderate interference in life	Severe interference in life
Psychiatric symptoms* interfere with existing ability to perform ADLs and/or social/recreational activities around <u>25%</u> of the time				
Psychiatric symptoms* interfere with existing ability to perform ADLs and/or social/recreational activities around <u>50%</u> of the time				
Psychiatric symptoms* interfere with existing ability to perform ADLs and/or social/recreational activities around <u>75%</u> of the time				
Remarks:				
Q9 - Behavioural Problems	- Refers to the frequency and severity of behaviour(s) displayed by the resident based on the most recent period observed - Includes (NOT limited to): physical aggression, verbal disruption, agitation, restlessness, non-compliance to instructions, manipulation, self-destructiveness, sexual disinhibition (repeated stripping of clothes and/or diapers, molestation), wandering, absconding, food-grabbing, hoarding, suicidal ideation and/or attempts, repetitive behaviour (e.g excessive water drinking and washing of hands) and sensory seeking behaviour (e.g playing with water and/or faeces, self-scratching) Excludes assistance and attention given to residents during their initial settling-in period (included in Social and Emotional Needs Q6)			
	A	B	C	D
	0 points	3 points	10 points	16 points
	Nil	Occasionally (1-3 times a week)	Often (4-6 times a week)	Always (daily)
Frequency may not be as stated above, but the behaviour is of <u>low</u> severity and manageable				
Frequency may not be as stated above, but the behaviour is of <u>moderate</u> severity and manageable				
Frequency may be often or always, but the behaviour is <u>severe</u> and difficult to manage.				
Remarks:				

Total Points:

Category (please circle): I II III IV

Category I: ≤ 6 points, Category II: 7-24 points, Category III: 25-48 points, Category IV: >48 points

Name of Staff Completing RAF:

Designation:

Organisation:

Signature:

Date: